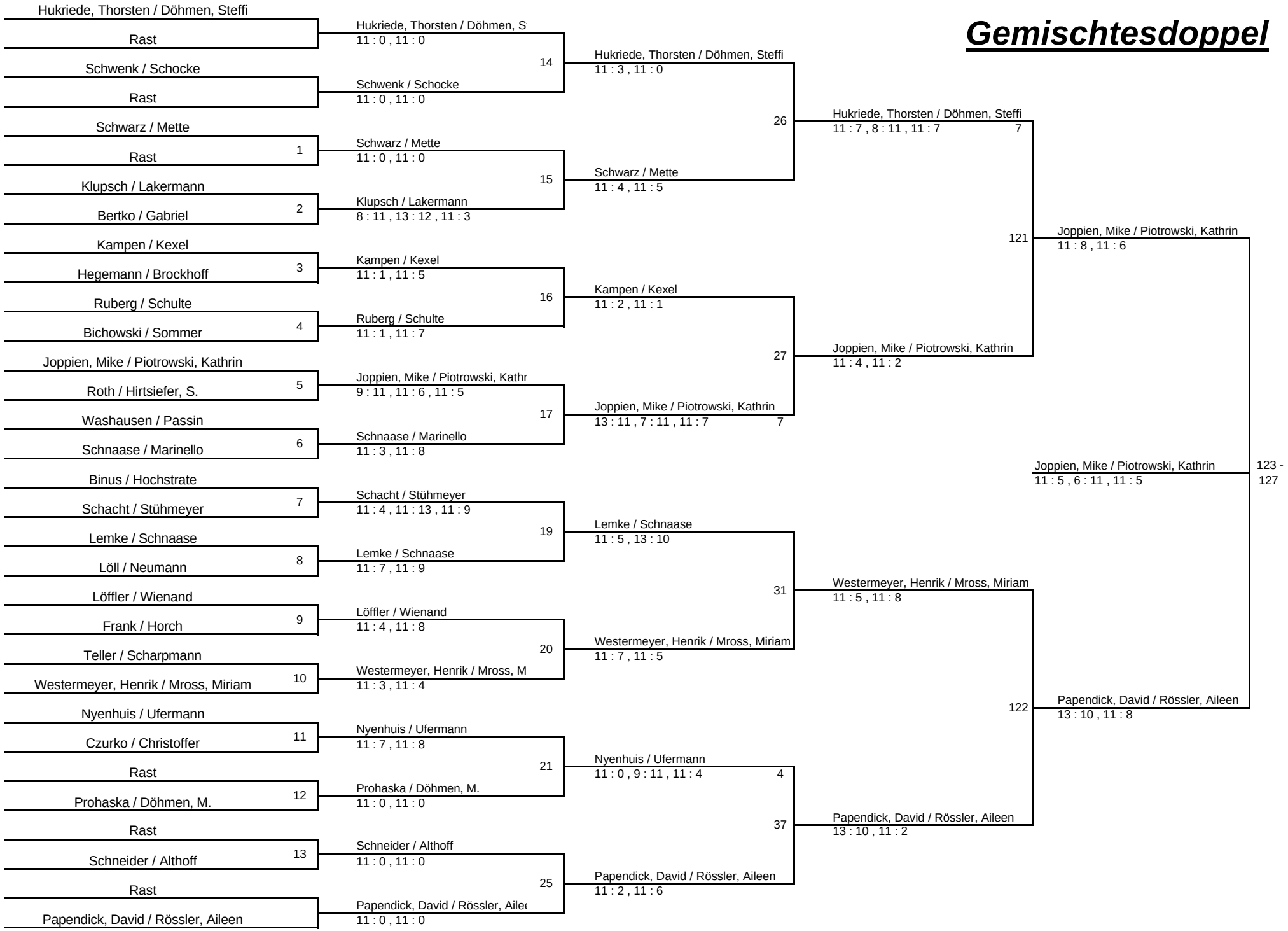Gemischtesdoppel